



## Welcome to your new Flex Spending Account Plan Year!

We are pleased to announce our enhanced website which enables you to monitor your reimbursement account activity and fund balance, file claims on line and access forms and other information. To log into your account, please follow the instructions found on the next page of this document.

### HOW TO ACCESS YOUR FLEX SPENDING ACCOUNT FUNDS:

- 1 **Submit a Request For Reimbursement via Fax or Mail** – A copy of a Request for Reimbursement form and directions is attached with this notice. Additional forms may be obtained from your employer or from Benefit Strategies' website: [www.benstrat.com](http://www.benstrat.com) under "Available Forms." Fax or mail the completed form along with documentation of your eligible expenses to Benefit Strategies. Properly completed claims are usually processed within 1 week. You may submit claims as often as you like. Do make sure, however, that the expense you are requesting reimbursement for is eligible according to IRS guidelines and that it will not be reimbursed by your insurance or any other source.
- 2 **NEW! - Enter Your Reimbursement Request On Line** – Log in to your account (Instructions follow), click **File Claims** and follow the instructions. Print the Confirmation page and mail it in with your receipts. Try it – it's easy!
- 3 **FlexExpress® Card Users** – If you requested a new FlexExpress card you will be receiving it at your home address in a plain white envelope. If you re-activated your current *FlexExpress* card(s), it has been updated with your new election.

Remember, you may only use the card at qualified providers of health care services or products. Also, IRS regulations state you **must** retain documentation for every transaction. Benefit Strategies reserves the right to ask for documentation to verify any expenses paid with your *FlexExpress* Card. If your *FlexExpress* Card is lost or stolen, please notify us immediately.

### Do you have questions? Contact Benefit Strategies! WEB-SITE LOG IN INSTRUCTIONS:

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**Mailing Address:**  
PO Box 1300

**Telephone:** (888) 401-FLEX (3539)  
**FAX:** (603) 647-4668

Manchester, NH 03105-1300

**e-mail:** [claimsupport@benstrat.com](mailto:claimsupport@benstrat.com)

- 1 Open your browser (e.g. Internet Explorer) and log into our website: [www.benstrat.com](http://www.benstrat.com) . Click on **Flexible Spending Participant Login**.
- 2 **Log in using the following:**



**Login**

Username:

Password:

Questions? Contact Claims Support at (603) 647-4666 or [claimsupport@benstrat.com](mailto:claimsupport@benstrat.com).

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**USERNAME:** Your username will be your *first name initial* followed by your *entire last name* and the *last four digits of your social security number*

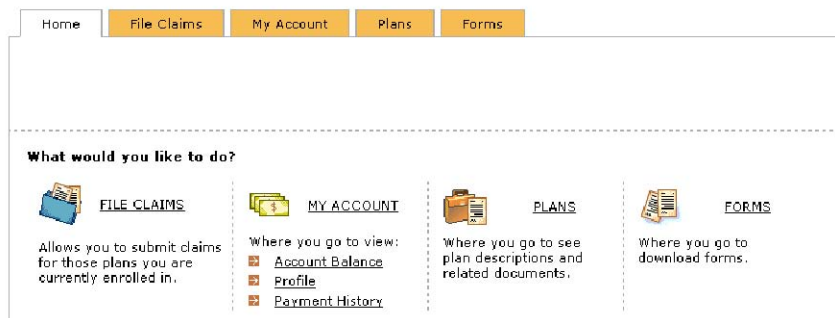
**Example: Jason Smith, SSN: 121-22-3456. Username: jsmith3456.**

**PASSWORD: *changeme*** If this is your first time logging in to our enhanced web-site, use *changeme* as your password. You will then be instructed to create a new and unique password.

The password must:

- Have a minimum of 6 characters • Not be one of your last 3 passwords
- Contain upper and lower case letters • Contain at least one number .





**Once you have successfully logged in, you will see a screen that looks like this. From here, you may click on items to file a claim, check your real-time account balance and payment history, or get plan information or forms.**



Home | **File Claims** | My Account | Plans | Forms

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**What would you like to do?**

 <p><b>FILE CLAIMS</b></p> <p>Allows you to submit claims for those plans you are currently enrolled in.</p>	 <p><b>MY ACCOUNT</b></p> <p>Where you go to view:</p> <ul style="list-style-type: none"> <li><a href="#">Account Balance</a></li> <li><a href="#">Profile</a></li> <li><a href="#">Payment History</a></li> </ul>	 <p><b>PLANS</b></p> <p>Where you go to see plan descriptions and related documents.</p>	 <p><b>FORMS</b></p> <p>Where you go to download forms.</p>
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Questions? Contact Claim Support at (603) 647-4666 or [claimsupport@benstrat.com](mailto:claimsupport@benstrat.com).

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## **HOW TO FILE YOUR CLAIMS ONLINE**

- 1 Click the **File Claims** tab or menu item.
- 2 Click the **File Claim** button next to the plan for which you wish to file a claim.
- 3 **Enter the information for each expense, clicking submit between each one.** Make sure you have valid receipt(s) for your expenses, as you will need to fax or mail them to Benefit Strategies.
- 4 If you have more than one expense to request reimbursement for, click on **Add a New Claim**. Enter information and click **Submit**.
- 5 Once all claims are entered, you must: 1) Agree to the **Terms & Conditions** (click on appropriate box) and 2) Commit the claim(s) by clicking **Submit**.
- 6 **PRINT AND SEND CONFIRMATION WITH RECEIPTS!**


Home | **File Claims** | My Account | Plans | Forms

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**What would you like to do?**


 **FILE CLAIMS**

Allows you to submit claims for those plans you are currently enrolled in.


 **MY ACCOUNT**

Where you go to view:

- [Account Balance](#)
- [Profile](#)
- [Payment History](#)

 **PLANS**

Where you go to see plan descriptions and related documents.

 **FORMS**

Where you go to download forms.

Questions? Contact Claim Support at (603) 647-4666 or [claimsupport@benstrat.com](mailto:claimsupport@benstrat.com).

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Click the "File Claim" button next to the plan for which you wish to file a claim.

Home | File Claims | **My Account** | Plans | Forms **Claims Basket**  
0 Claims

Sample Employer Group online claims filing is a fast and easy way to file your claims. Just click the "File Claim" button next to the account you wish to use and start filing!

**File a Claim**

<b>File Claim</b>	Medical Flex Account	<a href="#">View History</a>
<b>File Claim</b>	Dependent Care Account	<a href="#">View History</a>
<b>File Claim</b>	VEBA	<a href="#">View History</a>

Home | File Claims | **My Account** | Plans | Forms **Claims Basket**  
0 Claims

**Medical Flex Account**

Please enter your claim information below. If all or part of your claim is not reimbursable due to additional factors (i.e. claim exceeds available balance in your account), then you will only be reimbursed the approved amount. You will be notified of any pending or denied claim amounts.

Do you have a valid receipt for this product/service?  Yes  No [What is a valid receipt?](#)

Date of Service: \*

Please choose the category and type of product/service that best describes your claim. If you choose "Other" or "Over-the-Counter Drugs," you must provide a description below.

Category: \*  [Florida Expenses](#)

Type of Product/Service: \*

Product/Service Description:

Product/Service Provider: \*

Person receiving Product/Service: \*  Joe Sample  
 Kid Joe Sample  
 Mrs. Joe Sample

Claim Amount: \* \$

Did you drive to receive this product/service?  Yes  No [Claiming Mileage](#)  
*You may claim mileage expense for reimbursement.*

Number of Miles:

Mileage Reimbursement:  
Total Claim Amount:

Home | File Claims | My Account | Plans | Forms Claims Basket  
1 Claims

[Add New Claim](#)

	Date of Service	Plan	Type of Product/Service	Provider	Claim Amount	Approved Amount*	
<a href="#">Update</a>	3/7/2005	Medical Flex Account	Prescription medication co-pay/cost	Walgreen's Pharmacy	\$25.00	<a href="#">\$25.00</a>	<a href="#">Remove</a>
<b>Total:</b>					<b>\$25.00</b>	<b>\$25.00</b>	

\* The approved claim amount will be reimbursed based on your available balance. If a plan requires funds to be contributed prior to the reimbursement of claims, you will be reimbursed as funds become available in your plan account.

**Terms and Conditions**

I have read and agree to the [Terms and Conditions](#).

**You must choose to SUBMIT this basket in order to send these claims for processing.**

[Submit](#) [Cancel](#)

Home | File Claims | My Account | Plans | Forms Claims Basket  
1 Claims

[Add New Claim](#)

	Date of Service	Plan	Type of Product/Service	Provider	Claim Amount	Approved Amount*	
<a href="#">Update</a>	3/7/2005	Medical Flex Account	Prescription medication co-pay/cost	Walgreen's Pharmacy	\$25.00	<a href="#">\$25.00</a>	<a href="#">Remove</a>
<b>Total:</b>					<b>\$25.00</b>	<b>\$25.00</b>	

\* The approved claim amount will be reimbursed based on your available balance. If a plan requires funds to be contributed prior to the reimbursement of claims, you will be reimbursed as funds become available in your plan account.

**Terms and Conditions**

I have read and agree to the [Terms and Conditions](#).

**You must choose to SUBMIT this basket in order to send these claims for processing.**

[Submit](#) [Cancel](#)

A Confirmation Page that looks like this will come up. The confirmation page verifies that all claims have been successfully submitted! You must print this page by clicking **Print Confirmation** and mail it along with your receipts to:

Benefit Strategies  
PO Box 1300  
Manchester, NH 03105-1300

Or FAX to: (603) 647-4668

Home File Claims My Account Plans Forms

**Joe Sample**  
**Sample Employer Group**  
**Order Number: SAM050307100011000**

You have successfully filed the claim(s) listed below.

Custom claim submission text goes here.

**Receipt(s) Required - Print this Page:**  
 Print this confirmation, attach the required receipts and **fax or mail to Sample Administrator** at one of the contacts listed below.

**Fax:**  
**Mail:**  
**Email:**

*If you are unable to print this confirmation:*  
 Send your receipts with a note that includes (a) the name of the company you work for, (b) your name, and (c) the claim number(s) listed below.

Claim Number	Plan	Date of Service	Provider	Receipt Amount	Mileage Amount	Approved Amount*	Receipt Required
SAM05030710001100010	Medical Flex Account	3/7/2005	Walgreen's Pharmacy	\$25.00	\$0.00	\$25.00	Yes
SAM05030710001100011	Dependent Care Account	3/1/2005 - 3/4/2005	Kinder Care	\$200.00	\$0.00	\$200.00	Yes
<b>Totals:</b>				<b>\$225.00</b>	<b>\$0.00</b>	<b>\$225.00</b>	

\* The approved claim amount will be reimbursed based on your available balance. If a plan requires funds to be contributed prior to the reimbursement of claims, you will be reimbursed as funds become available in your plan account.

Please send in the Required Receipt(s) listed above within 60 days. If we do not receive the receipt/s by this date, your reimbursement will be denied.

Remember, regardless of which (if any) receipts you are required to submit, you are responsible for retaining a copy of all receipts for three years in the event you or your Pre-tax Account plan are audited by the IRS.

Print Confirmation Home Logout

### IMPORTANT NOTES ON FILING CLAIMS

- 1) Paper Request For Reimbursement Forms must be filled out **COMPLETELY** and signed. Medical expenses must **FIRST** be submitted to your insurance provider. Only out-of-pocket expenses incurred during your active participation in the plan year are reimbursable. (Incomplete forms **will be** returned.)
- 2) Mail or FAX form and copies of receipts, (5 Page Limit for FAXES), to Benefit Strategies at the following address:  
**Benefit Strategies, LLC PO Box 1300**  
**Manchester, NH 03105-1300 Fax: (603) 647-4668**
- 3) Complete claims received by NOON on Thursday will usually processed for reimbursement on Friday. *\*Does not apply to all clients.*
- 4) Copies of all third party documentation for expenses you are claiming should be submitted on 8 1/2 by 11 paper along with your COMPLETED Reimbursement Request. *Please keep original*



**List ....EXPENSES REQUESTING REIMBURSEMENT.... Use second sheet if needed.**

Amount to be Reimbursed:	Service Start/End Date	DESCRIPTION			Person receiving product or service:
1.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
2.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
3.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
4.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
5.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	

\$ \_\_\_\_\_ **TOTAL Reimbursement Requested** ( Payments are made directly to the employee. )

**CHILD / DEPENDENT CARE PROVIDER RECEIPT ( May be used in lieu of other child care documentation )**

Dependent Name(s) Receiving Care:

*I certify that I have provided the services as listed above, and that I have been paid for these services.*

Service Date Span: From

To

Provider's Name:

Provider's Signature:

**INSTRUCTIONS / REMINDERS**

1. Be sure to attach a **COPY** of the itemized receipt(s),

or if you have insurance, please send the

Explanation of Benefits Statement. **KEEP** original

receipts for your tax records.

2. **Complete** claims received by NOON on Thursday will be processed for reimbursement on Friday.

3. The **participant** must **sign** claim form.

4. Incomplete forms **will NOT be** processed.

Health Care Reimbursement Account documentation may include statements,

itemized bills, and/or insurance "Explanation of Benefits" forms.

All documentation must show:

A. the date the expense was **incurred** (not the date paid),

B. the provider of services.

C. a description of the service and/or expense.

D. the amount of the expense for which you are responsible.

**Note: Cancelled checks, credit card receipts, and balance forward statements are NOT acceptable documentation.**

**To the best of my knowledge and belief**, my statements in this Request for Reimbursement are complete and true. I am claiming reimbursement only for eligible expenses incurred by my legal dependents or myself. I certify that these expenses have not been and will not be reimbursed from any other source and will not be claimed as an income tax deduction.

**EMPLOYEE SIGNATURE:** \_\_\_\_\_ **Date**

(Required)

List .....EXPENSES REQUESTING REIMBURSEMENT

Amount to be Reimbursed:	Service <u>Start/End</u> Date	DESCRIPTION			Person receiving product or service:
6.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
7.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
8.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
9.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
10.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
11.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
12.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
13.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
14.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
15.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
16.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
17.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
18.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
19.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
20.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
21.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
22.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
23.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
24.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
25.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
26.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
27.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
28.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
29.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	
30.		<input type="checkbox"/> Medical	<input type="checkbox"/> Dependent Care	<input type="checkbox"/> Rx/ OTC	
		<input type="checkbox"/> Vision	<input type="checkbox"/> Dental/Ortho	<input type="checkbox"/> _____	

\$ \_\_\_\_\_ **TOTAL Reimbursement Requested** ( Payments are made directly to the employee.)