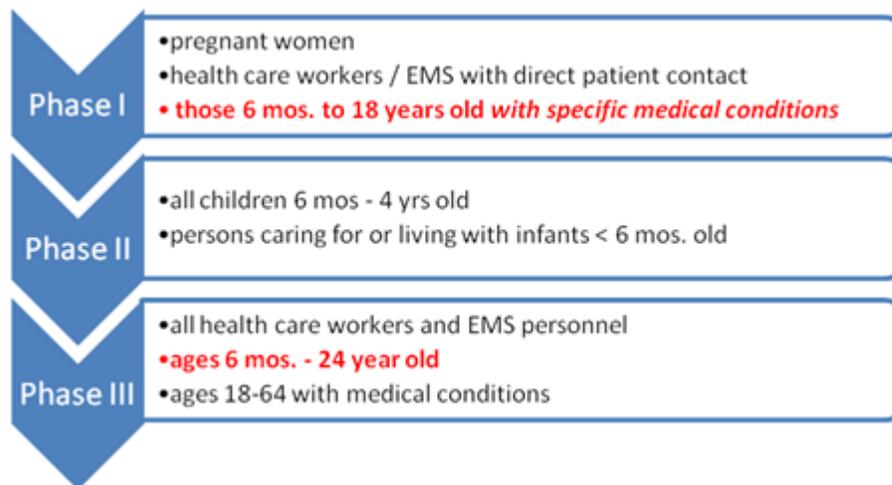


To: College Community Members
From: Pamela Spear, Director, BHCC
Re: What's New with the Flu: H1N1 Vaccine Distribution
Date: Nov. 17, 2009



H1N1 Vaccine NH Distribution

As you know, distribution of the H1N1 vaccine availability is limited. The state of New Hampshire issued an update on Nov. 10 which outlines a phased distribution for the inactivated H1N1 vaccine. Please see distribution phases below. *We are currently in Phase I; progression to the next phase will be announced by the New Hampshire Department of Health and Human Services.*



For Students 18 years old or younger with medical conditions:

We have received a limited amount of the inactivated vaccine for Phase I distribution based on the health histories of students with underlying medical conditions who are 18 and under. An e-mail will be sent to the specific students that have been identified as meeting these criteria to suggest that they make an appointment at Baird Health and Counseling Center if they would like to receive the H1N1 flu vaccine.

For all Students:

Phase III will provide vaccine for general access to all students however it is still indeterminate when this will be. The H1N1 comes in two forms – an *inactivated* vaccine and an **LAIV nasal injection**. The nasal injection is more readily available and may not strictly follow the phases outlined above. **It is only administered to healthy persons without underlying medical conditions** because it is a live attenuated influenza virus (LAIV). We will continue to explore this option for students, and encourage students to see if you can gain access to the H1N1 vaccine while at home on break.

FLU Precautions

It wouldn't be an update if we didn't continue to remind everyone to continue to take precautions against influenza-like illness through the following recommendations:

- Wash your hands frequently
- Clean commonly touched surfaces
- Cover when you cough or sneeze
- Allow social distances where possible