Colby-Sawyer College

Your Pathway to Success
Sawyer College

Take a virtual tour of campus at [weblink: www.colby-sawyer.edu/tour]
Colby-Sawyer College

Where every major decision begins with the question:

**HOW WILL OUR STUDENTS BENEFIT?**

The Colby-Sawyer learning environment provides individual attention, faculty mentors, small classes, and a campus where a variety of exciting activities take place in one of the most beautiful settings in New England. It's a college atmosphere hard to find anywhere else, and many students who visit us say, “This is exactly how I hoped my college would look.”
Students

The students and faculty you’ll see in this book are some of the same people you’ll see on campus. At Colby-Sawyer, our strategic plan is student centered. This means that every member of our faculty and staff is charged with one goal—to help you become your best in whatever you choose to accomplish.

“I would never have chosen a big university where you’re just a number. Here you can get to know your faculty and your classmates really well, and you get to see them every day. I like the feeling that I belong and fit in.”

—Elizabeth Cressman ’09, Child Development major, Tewksbury, MA

Faculty

You are the most important priority of all Colby-Sawyer faculty members, which is why even our most senior professors teach first-year students, as well as upper classmen. Our small classes foster personal attention, independent thinking and thought-provoking discussion.

“I do not think my role ends in the classroom. I encourage my students to visit me in my office. During these one-on-one sessions, I often discover that students have questions not related to the course material, but important to their personal development (e.g., questions about graduate school, law school or careers in psychology). I appreciate these exchanges.”

—Lynn Garrioch, Associate Professor of Psychology/Social Sciences and Education Department

Behind the Numbers:

With approximately 1000 students enrolled, you’ll get to know people. This isn’t a place where you’ll get lost in a crowd.

Behind the Numbers:

The student-to-faculty ratio is 11:1 That means the relationships you build with faculty last well beyond graduation. It’s not uncommon to see professors attending weddings of former students.
Our People

Small Classes

Behind the Numbers:
The average class size is 16 students. In fact, 60 percent of our classes have fewer than 20 students. These small classes allow every student to participate in discussions.

“Professor Bliss taught me everything. I learned from him that one of the hardest things to do as an actor is to truly give way and listen and respond to the other actors. He taught me to find out what my character wants, and that I needed to take risks. Those are the basics that he went over and over again and that I still use today.”

–Nathan Corddry ’00, Communications graduate, actor on Broadway (“The Graduate”) and television (NBC’s “Studio 60 on the Sunset Strip”)

Profile:
Tom Galligan
President Tom Galligan is on a first name basis with just about everyone on campus. If you don’t bump into him walking through Colgate Hall you’ll probably see him going for a run on Main Street listening to his iPod.

First year experience

New Student Orientation is your formal introduction to the Colby-Sawyer community. During these three days at the beginning of your first year, you’ll meet faculty, staff and students and begin to make lifelong friends.

New Student Trip: The New Student Trip is an adventure-based expedition available to incoming freshmen. Just before New Student Orientation begins, students can choose to spend a week camping in cabins and participating in a number of outdoor bonding activities such as hiking, canoeing and biking.
Residence Halls

Colby-Sawyer’s 11 residence halls offer different kinds of living options, including corridor-style halls, suite and apartment-style housing, and co-ed and single-sex environments. Within the residence halls, you can choose to live in a quiet area, an international suite, scholar suite, or a substance-free hall. All residence hall rooms at Colby-Sawyer are non-smoking.

Dining

Our dining hall is open all day to accommodate your busy schedule and to give you plenty of opportunity to sample the offerings of our award-winning food service from Sodexo Dining Services. You can come and go as often as you like, stopping in for a snack and coming back later for a meal. We know how important good, healthy food is to our students, and we think you’ll like the variety and quality of the food we serve in our spacious dining hall.

Profile:

Mike Heffernan

Visit our dining hall and you’re bound to be greeted by our Food Services General Manager Mike Heffernan. Mike is one of the friendliest people you’ll meet, and he’ll do his best to accommodate you if you have specific dietary needs or preferences.
Our Programs

Academic Majors & Minors

Colby-Sawyer College’s academic programs are an expression of our belief that the best undergraduate education is grounded in the liberal arts and sciences. Our students take an active role in shaping their education through small classes and laboratory sections, access to new technology, opportunities for independent study, and pre-professional experience through internships.

Behind the Numbers:
With 16 majors and 17 minors offered you have plenty of options. You also have ample time to choose. You will officially select your major as a sophomore which allows you time to determine which one best suits your interests.

Academic majors include:
- Art History
- Art–Graphic Design
- Art–Studio Art
- Biology
- Business Administration
- Child Development
- Communication Studies
- Creative Writing
- Early Childhood Education (K–3)
- English
- Environmental Sciences
- Environmental Studies
- Exercise and Sport Sciences
  - Athletic Training
  - Exercise Science
  - Sport Management
- History, Society and Culture
- Nursing
- Psychology

Other academic options include a Coaching Certificate Program and pre-professional tracks in Pre-Law, Pre-Med, Pre-Physical Therapy and Pre-Vet.

There are 17 academic minors including:
- American Studies
- Education
- Philosophy
- Theater
- Women’s Studies
- Writing for Publications

“I owe a great deal to my professors at Colby-Sawyer College. They really pushed me to look beyond the books and exams and test myself. They taught me that I didn’t have to reach perfection, but that I should take every step in the attempt to get there. They always encouraged me to take the most challenging route for my education and my career.”

– Dana Healy ’94, Exercise and Sport Sciences graduate, former Department Head for Strength and Conditioning, United States Olympic Committee, Colorado Springs, CO, Co-author of Athletic Strength for Women

Academic Development Center: At the Academic Development Center you can receive tutoring in writing, mathematics and learning strategies, as well as with work in specific courses. Assistance is provided during evening and daytime hours to students at all levels of academic achievement. Individual tutoring services are available on a regular basis or as needed, and they are free of charge.

View our complete list of academic programs at weblink: www.colby-sawyer.edu/admissions/programs/
Pathways

As part of the Liberal Education Program, you’ll choose a Pathway seminar, a three-credit, theme-based course for your first semester. Your Pathway seminar will include only members of your class, and all are encouraged to express their views and consider and debate the perspectives of others.

“Coming into Colby-Sawyer I was very skeptical about what I could actually do with my degree upon graduation. If anything, my [Capstone] project showed me that I received a comprehensive education with a sound understanding of important environmental issues. I believe that this project allowed me to utilize my overall, interdisciplinary education to its fullest.”

—Steven Hash ’07, Environmental Studies graduate, Holyoke, MA

“The title of my Pathway course, ‘Catharsis,’ implies a recognition and a shedding of old, blocked ideas and emotions. This class was a journey toward self-realization, social realization and artistic development. I have been transformed by this single class alone.”

—Amber Ying ’09, Biology major, Communication Studies minor, Hanover, NH

Stepping Stones: Elective courses that build towards your graduation requirements. During your first two years you will choose three out of five Stepping Stone courses designated by your Pathway.

Student Research

As a senior you will complete a Capstone research project. This culmination of your academic experience enables you to draw on your knowledge and your research and presentation skills in your field of study.

Senior Symposium: Each year the college community celebrates student research and scholarship at the Susan Colby Colgate Scholars’ Symposium. In this daylong event, seniors present their Capstone projects, Wesson Honors Program projects, artists’ portfolios, and other relevant work or research projects.
Internships
While a great deal of your learning takes place in the classrooms, laboratories or studios at Colby-Sawyer, you’ll also learn in practical, hands-on situations. Of our graduates, 98 percent completed an internship in their major while they were students. In fact, of our graduates an average of 23 percent were hired by the companies where they completed their internships.

Places our students have interned:
- American Express
- Aspen Skiing Company (Colorado)
- Boston Ballet
- Boston Celtics (NBA)
- CNN (Cable News Network)
- Dartmouth-Hitchcock Medical Center
- Harvard University Athletic Department
- MGM/United Artists Entertainment Corporation
- MoJo Recording Studios
- Nantucket Nectars
- Nestlé Research and Development
- New Balance, Inc. (athletic shoe company)
- New York Stock Exchange
- NHPTV (New Hampshire Public Television)
- Nova Biomedical
- San Antonio Spurs (NBA)
- United States Olympic Training Center
- WKLB, WROR, and WXKS Radio (all in Boston, Mass.)

Harrington Center: At the Harrington Center for Career Development, you’ll learn about career opportunities through seminars, workshops, interviews with alumni, job shadowing and in individual sessions with our experienced counselors. Our counselors will help assess your talents and engage you in a variety of career exploration activities to help you develop and pursue your goals.

Wesson Honors Program
The Wesson Honors Program offers academic, cultural and social opportunities for highly motivated and talented students. Acceptance into the Wesson Honors Program is based on demonstrated academic motivation and a minimum high school GPA of 3.5. In order to continue membership in the Wesson Honors Program, you must remain on the Dean’s List each semester.

Wesson Honors students take a break on the verandah of their hotel in Charleston, S.C.
Study Abroad
As a Colby-Sawyer student you’ll be encouraged to adopt a perspective on learning that reaches beyond your own regional and cultural vision. Study abroad will allow you to travel internationally and experience other countries and cultures. Students interested in study abroad programs work with the Office of Academic Affairs and International Programs. Colby-Sawyer has affiliations with five programs for students who want to study abroad in various countries and regions.

“...The study abroad experience taught me how to set realistic goals for myself and showed me how to accomplish them. It took a lot to leave my friends and family for five months, but after my time in Australia I feel that my college career is complete because I courageously went for something that I always wanted.”

–Sara Berg ’07, Communication Studies graduate, studied at Griffith University, Brisbane, Australia

Australia  Austria  China  Czech Republic  England  France  Hungary  Ireland  Italy  Latin America  Mexico  New Zealand  Poland  Russia  South Africa  Spain

Wesson Weekends: Honors students are also eligible to take part in the Wesson Honors Program Weekends, annual trips to culturally dynamic cities around the country. Recently, Honors students traveled to Seattle, Chicago, and Charleston, South Carolina.
Athletics

Colby-Sawyer has a variety of athletic options to offer you, including recreational, intramural and club sports, as well as our varsity sports in which we have garnered success at the regional and national levels. Colby-Sawyer is a member of the National Collegiate Athletic Association’s (NCAA) Division III.

The Commonwealth Coast Conference Members:

- Anna Maria College
- Colby-Sawyer College
- Curry College
- Eastern Nazarene College
- Endicott College
- Gordon College
- New England College
- Nichols College
- Regis College
- Roger Williams University
- Salve Regina University
- University of New England
- Wentworth Institute of Technology
- Western New England College

Some of the other colleges with which we compete: Amherst, Babson, Bates, Boston College, Bowdoin, Clark, Dartmouth, Middlebury, MIT, Mount Holyoke, St. Anselm, Springfield, Tufts, University of New Hampshire, and Wheaton.

Varsity Sports:

- Men’s Varsity
  - Alpine Ski Racing
  - Baseball, Basketball
  - Cross Country
  - Equestrian
  - Soccer
  - Swimming and Diving
  - Tennis
  - Track and Field

- Women’s Varsity
  - Alpine Ski Racing
  - Basketball
  - Cross Country
  - Equestrian
  - Lacrosse
  - Soccer
  - Swimming and Diving
  - Tennis
  - Track and Field
  - Volleyball

Behind the Numbers:

17 varsity and 11 club sports are offered.
If you include intramurals, there’s something for everyone when it comes to athletics.
Club sports

Club sports are a great way to compete against other colleges, without the schedule demands of a varsity sport. Some of our Club sports include men’s lacrosse, cycling, fencing, golf, co-ed ice hockey, Nordic ski racing, men’s and women’s rugby, snowboarding and women’s softball.

“Get involved in as many on-campus activities as you possibly can. Clubs, Academic Groups. Sports. Anything, really. They’re all great ways to meet new people and build a network of friends. Stay focused on your academics from day one! It will pay off so much in your academic career. And don’t be afraid to ask questions. Everybody on campus is willing to help you if you need it.”

–Noelle Surette ’08, Exercise and Sport Sciences graduate, Buxton, ME

Clubs and Organizations

A club or organization is a great place to meet new friends with like interests or to learn about an activity you’ve always wanted to try. Our students are the ones who decide what suits them best and how they want to spend their time outside of the classroom. We encourage our students to join already existing clubs or to found new organizations of their own.

A few examples of campus clubs:

- Anime Club
- Campus Activities Board
- Christian Fellowship
- The Colby-Sawyer Courier (student newspaper)
- Community Service Club
- Cross Cultural Club
- Dance Club
- Outing Club
- Student Government Association
Our Place

Campus and surrounding area

Colby-Sawyer’s great location and active student body means there’s always something going on. There are three major lakes, two Alpine and Nordic ski areas and four state parks all within a few minutes of campus. All Colby-Sawyer students receive a free season pass at nearby Mount Sunapee Resort Ski Area, and they can also hike, bike, climb mountains, go boating, water ski, fish, and enjoy numerous other activities in an outdoor paradise that most people are able to experience only when on vacation.

Mt. Sunapee: A ski resort located just 15 minutes from campus. All students receive a complimentary lift ticket for the school year. www.mtsunapee.com

It’s not uncommon to see students interacting with the community. A Marketing Research class recently conducted a business project, collaborating with local coffee shop Jack’s of New London. The goal was to determine how Jack’s could best connect with Colby-Sawyer’s students as consumers... “I enjoyed the Jack’s coffee project because it was a real world situation. Our recommendations and information will result in real business strategies and changes. I also really enjoy any chance I have to get involved in the New London community.”

–Carly Rademaker ’07, Environmental Studies graduate, Williamsville, NY
Facilities

The Susan Colgate Cleveland Library and Learning Center, which has won awards for its design, offers comfortable study space, including group discussion areas and quiet lofts for private study. The library also offers a fully networked information system, including online catalogs and databases. Like the rest of the Colby-Sawyer campus, it has wireless Internet access.

The Lodge:

Lethbridge Lodge is a gathering place for students to relax and unwind. It’s accessible 24 hours a day, offers a game room, a computer loft with wireless Internet access, great food, a substance-free environment, and a comfortable study and meeting area.

Dan and Kathleen Hogan Sports Center offers a competition-size swimming pool, multi-purpose field house, and indoor basketball and volleyball courts, as well as a training area for indoor soccer or lacrosse, and an aerobics room. There are also racquetball, squash and handball courts and a fully equipped fitness center and weight room.

Mountain Day: In the fall there is the more than 150-year-old tradition of Mountain Day when classes are cancelled and students, faculty and staff enjoy an outing on nearby Mt. Kearsarge.
Admissions

Four beautiful seasons and friendly people who will make you feel at home. We’d like you to experience our college. Throughout the year, we offer organized campus visit programs such as our Fall and Spring Open Houses and Colby-Sawyer Discovery Days. Or, if you’d prefer to visit Colby-Sawyer when it’s more convenient for you, we can arrange an individual visit. An interview with one of our admissions counselors is strongly recommended and could help to strengthen your application.

How to Apply:
If Colby-Sawyer College is right for you, we’d be pleased to receive your application. High school seniors must submit these items in order to be considered for admission:

- Completed application (Common and Universal Apps accepted)
- $45 application fee (waived for online applications)
- Your official high school transcript
- One letter of academic recommendation

SAT or ACT scores are optional

Colby-Sawyer College admits students of any race, color, gender, religious preference, age, handicap, sexual orientation, or national or ethnic origin to all rights, privileges, programs and activities generally accorded or made available to students at the college. Colby-Sawyer does not discriminate on color, gender, religious preference, age, handicap, sexual orientation, or national or ethnic origin in the administration of its educational policies, admission policies, scholarship and loan programs, or athletic or other college-administered programs.

Discovery Day: A popular campus visit day where students attend a class, go on tour and eat in the dining hall. It’s a great way to feel like a Colby-Sawyer student for a day.

To apply or schedule a visit, go to weblink: www.colby-sawyer.edu/admissions
Financial Aid

We encourage all students and their families to complete the Free Application for Federal Student Aid (FAFSA). Our generous scholarship, grant, loan and on-campus employment opportunities are evidence of Colby-Sawyer’s strong commitment to helping families meet the cost of a private education.

“The application process was very easy; Colby-Sawyer is really on top of things. And I love New Hampshire. It’s so nice here.”

–Marianne Lamas ’08, Psychology graduate, Fremont, CA

Financial aid is granted on an annual basis to students who demonstrate financial need. Additionally, merit awards have been established for outstanding academic achievement, student leadership, and for significant involvement in community service.

Behind the Numbers: 87% of students receive financial aid and last year we awarded more than $9 million in college and federally funded grants and scholarships. We can help you and your family explore financing options and tuition payment programs.
College Profile

**Description:** independent, four-year, residential, coeducational college of approximately 1,000 students, founded in 1837

**Location:** New London, New Hampshire

**Campus size:** 200 acres, 28 buildings

**Student/Faculty ratio:** 11:1

**Majors:** Art History; Art–Graphic Design; Art–Studio Art; Biology; Business Administration; Child Development; Communication Studies; Creative Writing; English; Early Childhood Education (K–3); Environmental Science; Environmental Studies; Exercise and Sport Sciences, with specializations in Athletic Training, Exercise Science, Sport Management; History, Society and Culture; Nursing; and Psychology

**Minors:** American Studies; Art History; Studio Arts; Biology; Business Administration; Child Development; Communication Studies; Education; Environmental Studies; English; History; Philosophy; Psychology; Sociology; Theatre; Women’s Studies; Writing for Publication

**Other programs:** Coaching Certificate Program, Pre-Law, Pre-Med, Pre-Physical Therapy and Pre-Vet; Teacher Certification can be earned in Early Childhood Education (N–3)

**Accreditation:** New England Association of Schools & Colleges (NEASC), Commission on Accreditation of Athletic Training Education (CAATE), Commission on Collegiate Nursing Education (CCNE), New Hampshire Board of Nursing, and State of New Hampshire Board of Education.

**Internships:** required for most majors, recommended for all

**Campus activities:** comedians, film nights, bands, dance and drama performances, semi-formal dances, speakers and late-night karaoke and coffee house/open mic events, and other activities

**Competitive Club Sports:** cross-country, golf, ice hockey, men’s and women’s rugby, and women’s softball. Other club sports include snowboarding, cycling, men’s lacrosse, and fencing.

**Intramural sports:** basketball, flag football, floor hockey, indoor soccer, volleyball, dodgeball, golf, and racquetball

**Varsity athletics:** ECSC Alpine ski racing; IHSA equestrian (coed); NCAA Division III baseball, basketball, women’s lacrosse, soccer, swimming and diving, tennis, track and field, and women’s volleyball.

**Cost (2008–2009):** tuition $29,620; room $6,040; board $4,300; total $39,960

**Financial aid:** 87% of students receive need-based or merit-based college scholarship or grant.
Colby-Sawyer College

Your pathway to success