Dear Student and Parents,

As a full time matriculated Colby-Sawyer student, you are entitled to services at Baird Health and Counseling Center. The Baird Health and Counseling Center is licensed by the state of New Hampshire as an Educational Health Facility. Services available through the Baird Center include management of chronic and acute health problems, immunization updates, consultation and treatment of reproductive health and wellness issues, physicals for sports participation, individual and group counseling, stress reduction training, support groups on relationships, eating disorders, and alcohol and other addictions, etc. Students requiring medication refills for on-going health care issues need to contact Colonial Pharmacy (603)526-2233 (the only pharmacy in New London) to establish an account for easier access to their medications. Please note that Colonial Pharmacy representatives will be assisting first-year students and their families during orientation. While most services are provided at no cost to the student, we do charge for laboratory testing, immunizations and long term counseling (beyond 5 hours for the same issue).

**All International Students are required to purchase our supplemental insurance.** International students may not waive out of this program. The cost of our Supplemental Health Plan is $396 a year which has a total medical benefit up to $25,000. In addition all full time matriculated students have a secondary health insurance policy provided by the college which will coordinate with the school’s Supplemental Health Plan. The effective date of the Colby-Sawyer insurance coverage is September 1, 2008 through September 1, 2009. A link to our medical insurance brochure explaining insurance benefits can be found on our website.

We know that navigating the health care system can be difficult. Please don’t hesitate to contact our office if you have questions and/or concerns.

Thank you,

The staff of Baird Health and Counseling Center