## 2006-07 Colby-Sawyer Chargers Women’s Tennis Team

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<tr>
<th>Name</th>
<th>Year</th>
<th>Height</th>
<th>Hometown/High School</th>
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<td>Aleshia Carlsen</td>
<td>Jr.</td>
<td>5-2</td>
<td>Rochester, Mass./Old Rochester Regional</td>
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<td>Whitney Clark</td>
<td>So.</td>
<td>5-6</td>
<td>Brunswick, Maine/Brunswick</td>
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<td>Terri Duffy</td>
<td>Fr.</td>
<td>6-0</td>
<td>Marshfield, Mass./Marshfield</td>
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<td>Fr.</td>
<td>5-3</td>
<td>Ellsworth, Maine/Home-schooled</td>
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<td>Jill Goldstein</td>
<td>Jr.</td>
<td>4-10</td>
<td>Jamestown, R.I./North Kingston</td>
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<tr>
<td>Alex Hardenbrook</td>
<td>Sr.</td>
<td>5-3</td>
<td>Kennebunk, Maine/Kennebunk</td>
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<td>Jennifer LaChance</td>
<td>Fr.</td>
<td>5-5</td>
<td>Killingworth, Conn./Haddam Killingworth</td>
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<td>Brittany Mailman</td>
<td>Fr.</td>
<td>5-5</td>
<td>Freedom/Kennett</td>
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<tr>
<td>Ashlee Willis</td>
<td>Jr.</td>
<td>5-1</td>
<td>Derry/Pinkerton Academy</td>
</tr>
<tr>
<td>Sarah Zirkilton</td>
<td>Fr.</td>
<td>5-7</td>
<td>Bar Harbor, Maine/Mount Desert Island</td>
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A season after finishing fifth in the Commonwealth Coast Conference (5-4 CCC record, 7-8 overall) the women’s tennis team looks to improve on last season’s success by using a balance of experience and youth.

Five freshmen join five returning players under third year head coach Sean McCaffrey. Coach McCaffrey anticipates a strong season from this year’s squad.

“We had a fantastic recruiting class, perhaps one of the best in the conference. These five recruits will mesh nicely with our five returning players,” said McCaffrey. “I am very excited for a successful season”.

The lone senior and co-captain Alex Hardenbrook (Keenebunk, Maine/Kennebunk) returns to the team after earning First Team All-Conference Honors in both singles and doubles play over the last two seasons.

“We are expecting a lot out of Alex anchoring the No. 1 spot,” said McCaffrey. “I expect her to be one of the top players in the conference again. What she brings to the court is immeasurable.”

Juniors Ashlee Willis (Derry/Pinkerton Academy) and Aleshia Carlsen (Rochester, Mass./Old Rochester Regional) round out the upperclassman for coach McCaffrey.

Willis played a limited role on last year’s team picking up one singles victory and compiling a 1-1 record in doubles play. She will accompany Hardenbrook as the other team captain.

“Ashlee will be a dedicated captain for this season,” said McCaffrey. “She will get more opportunities to succeed.”

Carlsen returns to the team after taking the season off last year. As a freshman Carlsen went 3-0 in doubles play for the Chargers. “Aleshia is a very mature player and is conscious of her performance,” said McCaffrey.

Whitney Clark (Brunswick, Maine/Brunswick) and Jill Goldstein (Jamestown, R.I./North Kingston) return from last year’s freshman class for McCaffrey’s squad. Both players should be in the mix for playing time during the season.

“Whitney brings a great attitude to the team,” said McCaffrey. “She improved tremendously over this past summer and will bring experience to a relatively young team.

“Jill started in singles for us last year. She is a fireball that pours her heart and soul into every single shot. She is very eager to help the team and continues to improve.”

McCaffrey is expecting added depth from talented freshman newcomers Terri Duffy (Marshfield, Mass./Marshfield), Brittany Mailman (Freedom, NH/Kennett), Sarah Zirnkilton (Bar Harbor, Maine/Mount Desert Island), Mary Francis (Ellsworth, Maine/Home-schooled), and Jennifer LaChance (Killingworth, Conn./Haddam-Killingworth).

Duffy joins the Chargers after holding the No. 1 singles posi-
2006-07 Colby-Sawyer Women’s Tennis

tion at Marshfield High School. “Terri is a very athletic and strong player,” said McCaffrey. “She really controls the net and she’s a very talented player.”

McCaffrey also expects Mailman, a stand-out at Kennett High School to make an immediate impact on the team.

“Brittany is quick, steady, and very consistent,” said McCaffrey. “She has a solid, all-around game and will definitely contribute this season.”

Zirnkilton comes to Colby-Sawyer from a strong Mount Desert Island program in Maine.

“She has an amazing backhand and is a great all-around player,” said McCaffrey.

Francis and LaChance round out the talented freshman class and are both described as consistent yet aggressive players by McCaffrey.

“Mary has no problems coming to the net. She is strong off the ground on both her backhand and forehand sides, and the effectiveness of her serve helps her transition nicely” said McCaffrey. “Jennifer is a very calm and conscientious player who has a great all-court game.”

The Chargers women’s tennis team looks forward to a strong season with the addition of a highly talented freshman class.

“We’ll have a strong starting six with great depth on the bench this season,” said McCaffrey. “If things go our way, we should be up near the top of our conference at the end of the season.”

Alex Hardenbrook
Senior
Kennebunk, Maine
Kennebunk

Senior: Alex had her best season for the Chargers, earning 14 singles victories on her way to fourth all-time in single-season victories. Alex also earned her third straight All-CCC First Team award.

Junior: Alex finished the season with 20 wins, the most in her career to that point and earned CCC All-Conference First Team honors for the second season in a row.

Sophomore: Alex added 17 wins to her total from freshman year as the Chargers No. 1 singles player. Alex split time on the doubles side, winning six matches at No. 1 doubles and three at No. 2 singles.

Freshman: Alex started her freshman year where she would end her senior season, in the No. 1 Singles spot for the Chargers and coach Sean McCaffrey. Alex had six singles wins and six doubles victories for the Chargers in her first year.
Aleshia Carlsen  
Junior  
Rochester, Mass.  
Old Rochester Regional

Jill Goldstein  
Junior  
Jamestown, R.I.  
North Kingston

Ashley Willis  
Junior  
Derry, N.H.  
Pinkerton Academy

Whitney Clark  
Sophomore  
Brunswick, Maine  
Brunswick

Terri Duffy  
Freshman  
Marshfield, Mass  
Marshfield

Mary Francis  
Freshman  
Ellsworth, Maine  
Home-Schooled

Jennifer LaChance  
Freshman  
Killingworth, Conn.  
Haddam Killingworth

Brittany Mailman  
Freshman  
Freedom, N.H.  
Kennett

Sarah Zirkilton  
Freshman  
Bar Harbor, Maine  
Mount Desert Island
The Chargers finished the 2006 fall season with a 12-2 overall record, advancing to the Commonwealth Coast Conference semifinals where they fell to Roger Williams, the eventual tournament Champion.

Senior Alex Hardenbrook led the Chargers on her way to writing her name in the record books and joining the all-time ranks of Colby-Sawyer women’s tennis. Alex is now in the top 10 in season and career wins for both singles and doubles and ranks fourth all-time in total career wins with 76.

For their efforts on the season, four women’s tennis players received conference accolades. Alex Hardenbrook, Jen LaChance, Terri Duffy and Mary Francis all received honors for their role in the Chargers successful season.

### 2006 Commonwealth Coast Conference Women’s Tennis

#### All-Conference Teams and Award Winners

**First Team All-Conference Singles**
- Diana Anderson (Gordon)
- Louise Taylor (Salve Regina)
- Alex Hardenbrook (Colby-Sawyer)
- Caitlyn Leone (Roger Williams)
- Jess Porter (Nichols)
- Michelle Kennedy (Salve Regina)

**First Team All-Conference Doubles**
- Caitlyn Leone/Jess Manners (Roger Williams)
- Diana Anderson/Jen Schneider (Gordon)
- Alex Hardenbrook/Jennifer LaChance (Colby-Sawyer)

**Second Team All-Conference Singles**
- Jevon Biffinger (Regis)
- Molly McGuire (Nichols)
- Jennifer LaChance (Colby-Sawyer)
- Jess Manners (Roger Williams)
- Kristina Kennedy (Salve Regina)
- Jen Schneider (Gordon)

**Second Team All-Conference Doubles**
- Michelle Kennedy/Kristina Kennedy (Salve Regina)
- Jess Porter/Molly McGuire (Nichols)
- Louise Taylor/Aki Tokutake (Salve Regina)

**Honorable Mention All-Conference Doubles**
- Lorena Asllani/Jevon Biffinger (Regis)
- Carly Connors/Lori Wardner (Endicott)
- Branne Cogan/Nicole Breting (Endicott)
- Liz Alvarez/Jackie McNulty (Nichols)
- Terri Duffy/Mary Francis (Colby-Sawyer)

**Senior Scholar-Athlete of the Year**
- Diana Anderson (Gordon)

**Most Valuable Player**
- Diana Anderson (Gordon)

**Rookie of the Year**
- Molly McGuire (Nichols)

**Coach of the Year**
- Bill Davis (Gordon)

**Team Sportsmanship Award**
- Eastern Nazarene
Colby-Sawyer Women’s All-Time Series Records

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<th>School</th>
<th>W</th>
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<th>First</th>
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Single-Season Singles Victories

1. Megan Costello 16 2000
2. Stacey Vigeant 15 1994
4. Lori Monroe 14 1996
5. Alex Hardenbrook 14 2006

Career Doubles Victories

1. Lori Monroe 39 1993-96
2. Natalie Ciulla 37 1995-98
3. Alex Hardenbrook 37 2003-06
4. Lauren Calvarese 35 1993-96
5. Megan Costello 35 1998-00
7. Michelle Souriolle 34 1993-96
8. Donna Studley 34 1993-96

Career Singles Victories

1. Lori Monroe 49 1993-96
2. Natalie Ciulla 45 1995-98
4. Jen Wood 42 2001-04
5. Megan Costello 40 1998-00
7. Alex Hardenbrook 36 2003-06
8. Emily Thomas 36 1997-00
9. Donna Studley 34 1993-96
10. Christine Kinyon 31 1990-92

Single-Season Doubles Victories

1. Cara Falconi 14 1997
4. Alex Hardenbrook 13 2006
5. Lori Monroe 12 1994
7. Michelle Souriolle 12 1994
8. Kim Tocci 12 2000
10. Emily Thomas 12 2000
11. Paige Pulley 12 2004

Total Career Victories

1. Lori Monroe 88 1993-96
2. Natalie Ciulla 82 1995-98
4. Megan Costello 75 1998-00
5. Alex Hardenbrook 76 2003-06
6. Donna Studley 68 1993-96
8. Bridget Hester 58 1988-92
9. Emily Thomas 58 1997-00
10. Jen Wood 58 2001-04
Sean McCaffrey enters his third season as the head coach of the Colby-Sawyer women’s tennis team. Last season McCaffrey led the Chargers to a 5-4 record in the Commonwealth Coast Conference and a 7-8 record overall.

McCaffrey led his 2005 team to the quarterfinals of the Commonwealth Coast Conference tournament for the second straight year before falling to Roger Williams.

In 2004, McCaffrey’s first season at Colby-Sawyer, the club put up a 7-2 conference record, which was the best since the 2000 season. Within the two seasons coached by McCaffrey the Chargers have posted a CCC record of 12-6, and an 18-12 record overall.

During the spring McCaffrey coaches the Colby-Sawyer men’s tennis team. Last year was his first season as head coach and led the Chargers to a 7-1 record in the CCC and a 13-4 overall record. The Chargers made the Commonwealth Coast Conference Championship where they fell to Salve Regina.

McCaffrey, who serves as general manager and head professional of Our Court Tennis in White River Junction, Vt., came to Colby-Sawyer after spending nine seasons as the head boy’s tennis coach at Hanover High School in Hanover, N.H. At Hanover, McCaffrey compiled a 132-20 record ad led his team to a Class I state championship in the spring of 2004.

In the spring of 2005, McCaffrey was selected to participate in the 2005 USA Tennis High Performance Tennis Coaching Program in Park City, Utah. He was also named the 2004 New England Division Coach of the Year by the United States Professional Tennis Association. He was also named the 2000 USPTA New England High School Coach of the Year and a National Honorable Mention High School Coach of the Year.

McCaffrey, who is currently pursuing a B.S. from Johnson State College (Vt.) in general studies, earned an associate’s degree in recreation and leisure management from Johnson & Wales University (Providence, R.I.) in 1995. He served as team captain in 1994 and the flowing year was a player/coach who helped lead the Wildcats to an 11-1 record. McCaffrey previously attended Adirondack Community College (Queensbury, N.Y.), where he was the Most Outstanding Player of the 1991 team that went 12-2 and finished as the runner up at the New York State Junior College Tournament.

The McCaffrey
Women’s Tennis File

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2 yrs. 30 14 .681 20 7 .741

The McCaffrey
Men’s Tennis File

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1 year 13 4 .765 7 1 .875
Colby-Sawyer College is located in a spectacularly beautiful area of New Hampshire, nestled in the heart of the Dartmouth-Lake Sunapee region. The college is 90 minutes north of Boston, Mass., one hour south of the White Mountains of New Hampshire, and three and a half hours south of Montreal, Quebec. The campus has 29 buildings situated on 200 acres. Colby-Sawyer College is home to 964 undergraduate students, representing 26 states and six foreign countries. The ratio of female students to male students is roughly two to one.

The college was founded in 1837, and is accredited by the New England Association of Schools and Colleges (NEASC), the Commission on Accreditation of Athletic Training Education (CAATE), the Commission on Collegiate Nursing Education (CCNE), the New Hampshire Board of Nursing and the State of New Hampshire Board of Education.

**Programs of Academic Study**

**Bachelor of Arts Degrees**
- Studio Art
- Biology
- Communication Studies
- English
- History, Society and Culture
- Psychology

**Bachelor of Science Degrees**
- Business Administration
- Child Development
- Community & Environmental Studies
- Exercise and Sport Sciences
  - Athletic Training
  - Exercise Science
  - Sport Management
- Nursing
- Double majors are also available

Teacher Certification
- Art Education (K-12)
- Early Childhood Education (K-3)
- English Language Arts Education (5-12)
- Social Studies Education (5-12)

**Minor Programs**

Students pursuing baccalaureate degrees who wish to have a concentrated program of study in addition to their major may pursue one of the minor programs offered by Colby-Sawyer.

The following minors are offered:
- American Studies
- English
- Art History
- History
- Studio Art
- Information Management and Technology
- Biology
- Philosophy
- Business Administration
- Psychology
- Child Development
- Sociology
- Communication Studies
- Women's Studies
- Community and Environmental Studies
- Writing for Publication
- Theatre

**Academic Departments**
- Business Administration
- Exercise and Sport Sciences
- Fine and Performing Arts
- Humanities
- Natural Sciences
- Nursing
- Social Sciences and Education
- Institute for Community and Environment

**Special Programs and Services**
- Honors Program
- International Student Programs/English as a Second Language
- Internships: 97% of the class of 2005 completed one or more internships

**Learning and Tutorial Services**
- Study Abroad

**Intercollegiate Athletics**

Colby-Sawyer College, whose athletic teams are known as the Chargers, is a member of National Collegiate Athletic Association (NCAA) Division III and the Eastern College Athletic Conference (ECAC), and competes in most sports in the Commonwealth Coast Conference. Colby-Sawyer is also a member of the Intercollegiate Horse Show Association (IHSA) and the U.S. Collegiate Ski and Snowboard Association (USCSA).

Colby-Sawyer has had a history of athletic excellence, with a number of NCAA and ECAC Championships appearances.

In 2005-06, 25 percent of all students at Colby-Sawyer competed intercollegiately on one of the college's 16 varsity athletic programs.